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A REVIEW

A phyto-pharmacological review on *Clitoria ternatea* L.

**ANUPSINGH THAKUR, JYOSTANA KSHIRSAGAR, MAHADEV B. CHINCHOLE AND
ASHWINI O. MASANE**

ABSTRACT

The medicinal plants find application in pharmaceutical, cosmetic, agricultural and food industry. The use of the medicinal herbs for curing disease has been documented in history of all civilizations. With the onset of research in medicine, it was concluded that plants contain active principles, which are responsible, for curative action of the herbs. *Clitoria ternatea* L. is a vigorous, strongly persistent, herbaceous perennial legume. Almost all parts of this plant are reported to have medicinal properties. The plant has been used traditionally to treat infertility, worm infestation, skin diseases, tonsillitis, cough, asthma etc. It is reported to be appetizer, digestant and vermicide. Many of the medicinal values are evaluated by different workers such as Anthelmintic, Anti hyperglycemic, Anti-inflammatory, Anti-diarrheal, Anti-oxidant, hepatoprotective, Immunomodulatory, Anti-histamic, cholinergic activity.

Key words : *Clitoria ternatea* L., Pharmaceutical activity

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MEMBERS OF THE RESEARCH FORUM

Address for correspondence :

MAHADEV B. CHINCHOLE, Department of Molecular Biology and Biotechnology, Lokmangal College of Agricultural Biotechnology, Wadala, SOLAPUR (M.S.) INDIA
Email : mahadevchinchole9@gmail.com

Coopted authors :

ANUPSINGH THAKUR, Department of Molecular Biology and Biotechnology, College of Agriculture Biotechnology (Dr. BSKKV) Kharawate-Dahiwali, RATNAGIRI (M.S.) INDIA
Email : anupthakur34@live.com

JYOSTANA KSHIRSAGAR, Department of Genetics and Plant Breeding, College of Agriculture (Dr. BSKKV) Sanguwadi, SINDHUDURG (M.S.) INDIA
Email : anupthakur34@yahoo.com

ASHWINI O. MASANE, Department of Biotechnology, Lokmangal College of Agricultural Biotechnology, Wadala, SOLAPUR (M.S.) INDIA